



Bike Winnetka 2019 General Information September 28, 2019

(please read and share with your entire group before the ride)

Helmet, T-Shirt

Please plan to wear your helmet (*a must – you will not be able to ride if you don't*) and Bike Winnetka t-shirt (*you'll look cool*). Additionally, make sure your bicycles are in good shape, water bottles are filled and you are dressed appropriately for weather conditions. **An air pump and tools are available at the kiosk located along the turnabout at the Skokie Playfield entrance.** There will be no pump at the staging site.

Day of Event Parking

We encourage all participants to cycle over to the event if possible. Bicycle racks will be available at the Fall Fest event (south of Ice Arena). In case you are driving to the event, Bike Winnetka parking will be available at Skokie Playfield parking lot.

Ride Assembly

Ride assembly will begin at 2:45 pm at the Skokie Playfield Service Center (Hibbard/Pine). There will be **THREE posted** assembly areas to choose from:

Adult Only Riders – those adults with no children in their group

Family Riders – geared toward families with children who plan to ride the entire 8-mile ride.

2 Mile Riders – geared toward families with young children and who plan to ride the 2 mile ride. Children with a wheel base of 20 inches and under will be required to do this ride with their parents. **SORRY, NO TRAINING WHEELS ARE ALLOWED ON EITHER RIDE.**

Please make sure you and your group is in place and **ready to ride at 2:55 pm**. Last minute instructions will be given out and then we ride.

General Ride Guidelines

Stay on the right side of the road and two abreast. **Remember the street is not closed off for this ride.**

Please be respectful of the other riders. Maintain a consistent pace within your designated assembly area and do not try to pass. **This is not a race.**

Focus your attention and your eyes on the riders ahead of you and beyond.

Maintain a safe interval between you and the riders around you (*at least a bike length*), particularly those in front.

Remember that your bike doesn't have a rear brake light to alert riders behind you of your intention to slow or stop, and they can't read your mind (*we suggest: raising your right hand with the palm facing backwards*).

At turns, stay in your lane (*i.e., maintain your position relative to those around you*) to avoid confusing nearby riders: the last thing we want is a collision.

This is an escorted bike ride, which means that Winnetka Police officers will join us at the front and the end of the group. If you feel the need to stop riding for any reason, be sure to signal your intentions and pull over to the side

of the road. A committee member (*dressed in a yellow safety shirt*) or a police officer will assist you. **Additionally, if you are unable to maintain the group ride speed you will be asked to move to the sidewalk and continue your ride at your own pace, unescorted.**

Remember, everyone involved has the same goal . . . a safe and enjoyable ride.

Trouble During The Ride

If you are unable to complete the ride, three locations have been designated as suitable places to stop and exit the ride. If you fall behind in the beginning consider falling back and doing the 2 mile option.

Hubbard Woods School (*Chatfield Rd. & Vine St.*)

Village Green Park (*Elm St. & Maple St.*)

Indian Hill Park (*Wilson St. & Winnetka Ave.*)

Please inform a committee member (*dressed in a safety yellow shirt*) of your intention to stop.

If during the course of the ride you have trouble with your bike. Please pull over to the side of the road and a committee member will do their best to assistance you.

Weather Conditions

We ride rain or shine, so dressing accordingly. If weather is severe, we will post cancellation on the Bike Winnetka section of the website at <http://www.winpark.org/bike-winnetka/>.

THERE WILL BE NO RAIN DATE.

After The Ride

After the ride please join us at **Fall Fest**, which will start at 3:30 pm (*until 6:30 pm*) south of the Winnetka Ice Arena (*where the ride ends*). Bike racks will be available. Water and healthy snacks (*provided by KIND*) will be available.

Bike Winnetka Community Partners

Thanks to the generosity of our Community Partners, this community-wide event was able to be offered to participants at a nominal charge. We appreciate their commitment and support! When the opportunity arises, please consider returning the favor.

Boy Scout Troop #20, Byline Bank, Chiro One Wellness Centers, Complete Chiropractic & Rehab, Green Bay Cycles, KIND, Lakeside Oral & Facial Surgery Institute and North Shore Community Bank.

Additional Questions

If you have additional questions prior to the event please contact Mary Cherveney at mcherveney@winpark.org or at 847-501-2076.

Thank You!

Thank you for your participation in this event!

Bike Winnetka 2019 Committee

Don Moloney, Eric Chan, Nat Roberts, Liz Taylor and Mary Cherveney & Debbie Zarembski (*WPD Liaisons*).