

Garden Guild of Winnetka Butterfly Garden Plant List 2023

			Botanical Nomenclature & Common Name	Type & Care	H N	Blooms by Month						
						A	M	J	J	A	S	O
1 +		Genus: Species: Cultivar: Com.name:	<i>Muscari armeniacum</i> grape hyacinth	Bulb Allow foliage to yellow before removing. Will naturalize	N							
2 +		Genus: Species: Cultivar: Com.name:	<i>Narcissus</i> 'Mount Hood' trumpet daffodil	Bulb Allow foliage to yellow before removing. Will naturalize	N							
3 ~		Genus: Species: Cultivar: Com.name:	<i>Aquilegia canadensis</i> columbine	Perennial Allow to self-seed	H N							
4 ~		Genus: Species: Cultivar: Com.name:	<i>Geranium maculatum</i> wild geranium	Perennial Aggressively self-seeds. Trim/pull dead stems and foliage	N							
5 ~		Genus: Species: Cultivar: Com.name:	<i>Baptisia australis</i> 'Starlite' Prairieblues' false indigo	Perennial Leave over Winter. Cut back to 2" stubs in Spring.	H N							
6 ~		Genus: Species: Cultivar: Com.name:	<i>Penstemon digitalis</i> 'Dark Towers' beardtongue	Perennial Deadhead stalks to prevent self-seeding	N							
7 ~		Genus: Species: Cultivar: Com.name:	<i>Achillea millefolium</i> 'Walther Funcke' yarrow	Perennial Deadhead for second bloom. Cut down in Fall	H N							
8 ~		Genus: Species: Cultivar: Com.name:	<i>Geranium cantabrigiense</i> 'Biokovo' hardy geranium	Perennial Pull/trim dead stems & foliage after bloom. Cut back in Fall	N							

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N = Nectar: Provides nectar for butterflies, bees, and/or hummingbirds.

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9 ~		Genus: Species: Cultivar: Com.name:	<i>Geranium macrorrhizum</i> 'Bevan's Variety' cranesbill	Perennial Pull/trim dead stems & foliage after bloom. Cut back in Fall	N								
10 ~		Genus: Species: Cultivar: Com.name:	<i>Phlox paniculata</i> 'Laura' garden phlox	Perennial Deadhead – Snip to next set of leaves. Cut back in Fall	N								
11 ~		Genus: Species: Cultivar: Com.name:	<i>Liatris spicata</i> blazing star	Perennial Cut back in Fall	N								
12 ~		Genus: Species: Cultivar: Com.name:	<i>Asclepias tuberosa</i> butterfly weed	Perennial Allow to self-seed. Cut down in late Fall to 2" stub	H N								
13 ~		Genus: Species: Cultivar: Com.name:	<i>Echinacea purpurea</i> 'Pica Bella' purple coneflower	Perennial Allow to self-seed; birds eat seeds over Winter	N								
14 ~		Genus: Species: Cultivar: Com.name:	<i>Achillea millefolium</i> 'Moonshine' yarrow	Perennial Deadhead for second bloom. Cut down in Fall	H N								
15 +		Genus: Species: Cultivar: Com.name:	<i>Echinacea purpurea</i> 'Fragrant Angel' purple coneflower	Perennial Allow to self-seed; birds eat seeds over Winter	N								
16 +		Genus: Species: Cultivar: Com.name:	<i>Buddleja davidii</i> 'Black Knight' butterfly bush	Die-back shrub Deadhead individual blooms for additional blossoms. Do not cut in Fall	N								

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17 +		Genus: Species: Cultivar: Com.name:	<i>Malva alcea</i> 'Fastigiata' hollyhock mallow	Perennial Allow to self-seed. Cut down in late Fall	H N							
18 ~		Genus: Species: Cultivar: Com.name:	<i>Monarda didyma</i> 'Coral Reef' beebalm	Perennial Deadhead individual blooms for additional blossoms	N							
19 ~		Genus: Species: Cultivar: Com.name:	<i>Monarda didyma</i> 'Jacob Cline' beebalm	Perennial Deadhead individual blooms for additional blossoms	N							
20 ~		Genus: Species: Cultivar: Com.name:	<i>Nepeta racemosa</i> 'Blue Wonder' catmint	Perennial After blooms, cut back by half	N							
21 ~		Genus: Species: Cultivar: Com.name:	<i>Pycnanthemum virginianum</i> American mountain mint	Perennial Cut down in Fall. Memorial Day: cut back by 1/3	N							
22 ~		Genus: Species: Cultivar: Com.name:	<i>Salvia nemorosa</i> 'Snow Hill' wood sage	Perennial Deadhead for second bloom	N							
23 *		Genus: Species: Cultivar: Com.name:	<i>Calamintha nepeta</i> 'Montrose White' calamint	Perennial Cut back in Fall	N							

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24 ~		Genus: Species: Cultivar: Com.name:	<i>Eutrochium purpureum</i> sweet scented Joe Pye weed	Perennial Deadhead in Fall to prevent self-seeding	N							
25 +		Genus: Species: Cultivar: Com.name:	<i>Eutrochium dubium</i> 'Little Joe' dwarf Joe Pye weed	Perennial Deadhead in Fall to prevent self-seeding	N							
26 +		Genus: Species: Cultivar: Com.name:	<i>Eutrochium maculatum</i> spotted Joe Pye weed	Perennial Deadhead in Fall to prevent self-seeding	N							
27 ~		Genus: Species: Cultivar: Com.name:	<i>Hibiscus moscheutos</i> swamp mallow	Perennial Pinch off old flowers. Cut back in Fall and leave 3" stubs	H N							
28 +		Genus: Species: Cultivar: Com.name:	<i>Hylotelephium spurium</i> 'Dazzleberry' sedum	Perennial Leave for Winter interest	H N							
29 +		Genus: Species: Cultivar: Com.name:	<i>Liatris ligulistylis</i> meadow blazing star	Perennial Allow to self-seed. May need staking. Top nectar source	N							
30 ~		Genus: Species: Cultivar: Com.name:	<i>Lobelia cardinalis</i> cardinal flower	Perennial Allow to self-seed. Note location so as to not mistake for weeds in Spring	N							

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31 ~		Genus: Species: Cultivar: Com.name:	<i>Lobelia siphilitica</i> great blue lobelia	Perennial Aggressive self-seeder	N							
32 ~		Genus: Species: Cultivar: Com.name:	<i>Phlox paniculata</i> 'Blue Paradise' garden phlox	Perennial Deadhead – Snip to next set of leaves. Cut back in Fall	N							
33 ~		Genus: Species: Cultivar: Com.name:	<i>Phlox paniculata</i> 'Nicky' garden phlox	Perennial Deadhead – Snip to next set of leaves. Cut back in Fall	N							
34 ~		Genus: Species: Cultivar: Com.name:	<i>Hydrangea paniculata</i> 'Limelight' panicle hydrangea	Deciduous shrub In early Spring, deadhead dried blooms & prune to reshape	N							
35 ~		Genus: Species: Cultivar: Com.name:	<i>Rudbeckia fulgida</i> 'Viette's Little Suzy' black-eyed Susan	Perennial Cut back by 1/3 in late Spring to prevent flopping. Allow to self-seed; leave for Winter interest	N							
36 +		Genus: Species: Cultivar: Com.name:	<i>Rudbeckia hirta</i> black-eyed Susan	Perennial Cut back by 1/3 in late Spring to prevent flopping. Allow to self-seed; leave for Winter interest	N							
37 +		Genus: Species: Cultivar: Com.name:	<i>Solidago rigida</i> stiff golden rod	Perennial Selectively cut by 1/3 in late Spring	N							
38 ~		Genus: Species: Cultivar: Com.name:	<i>Actaea racemosa</i> black cohosh	Perennial Leave for Winter interest	H N							

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39 +		Genus: Species: Cultivar: Com.name:	<i>Actaea simplex</i> 'Hillside Black Beauty' bugbane	Perennial Leave for Winter interest	H N							
40 +		Genus: Species: Cultivar: Com.name:	<i>Anethum graveolens</i> dill	Annual Allow to self-seed. Vital food source for caterpillars	H N							
41 +		Genus: Species: Cultivar: Com.name:	<i>Liatris aspera</i> rough blazing star	Perennial May need staking. Cut down in Fall	N							
42 = ~		Genus: Species: Cultivar: Com.name:	<i>Phlox paniculata</i> 'Peacock White' garden phlox	Perennial Deadhead – Snip to next set of leaves. Cut back in Fall	N							
43 ~		Genus: Species: Cultivar: Com.name:	<i>Solidago rugosa</i> 'Fireworks' rough goldenrod	Perennial Leave for Winter interest	N							
44 ~		Genus: Species: Cultivar: Com.name:	<i>Miscanthus sinensis</i> 'Morning Light' eulalia grass	Grass Leave for Winter interest. Cut back to base in March	H							
45 ~		Genus: Species: Cultivar: Com.name:	<i>Schizachyrium scoparium</i> little bluestem grass	Grass Leave for Winter interest. Cut back to base in March	H							
46 +		Genus: Species: Cultivar: Com.name:	<i>Petroselinum crispum</i> parsley	Annual Usually self-seeds. Vital food source for caterpillars	H N							

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47 +		Genus: Species: Cultivar: Com.name:	<i>Verbena bonariensis</i> 'Buenos Aires' tall verbena	Annual Usually self-seeds	N							
48 ~		Genus: Species: Cultivar: Com.name:	<i>Symphyotrichum laeve</i> smooth aster	Perennial Trim back Father's Day. Needs staking. Deadhead in Fall	H N							
49 +		Genus: Species: Cultivar: Com.name:	<i>Symphyotrichum novae-angliae</i> 'Alma Potschke' New England aster	Perennial Trim back by 1/3 on Memorial Day, Father's Day & July 4 th . Cut back to 3" stub in Fall to prevent self-seeding	H N							
50 ~		Genus: Species: Cultivar: Com.name:	<i>Symphyotrichum novae-angliae</i> 'Purple Dome' New England aster	Perennial Trim back by 1/3 on Memorial Day, Father's Day & July 4 th . Cut back to 3" stub in Fall to prevent self-seeding	H N							
51 *		Genus: Species: Cultivar: Com.name:	<i>Vernonia novaboracensis</i> 'Summer's Surrender' ironweed	Perennial Cut back in Fall	H N							
52 *+		Genus: Species: Cultivar: Com.name:	<i>Vernonia lettermannii</i> 'Iron Butterfly' Letterman's ironweed	Perennial Cut back in Fall	H N							

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References and Information

Key:

- ~ Midwest Groundcovers. Midwestgroundcovers.com
- + Missouri Botanic Garden. Missouribotanicalgarden.org
- * Chicago Botanic Garden. Chicagobotanic.org
- = Fine Gardening. Finegardening.com
- ^ Proven Winners. provenwinners.com
- ~~ bloom time estimated based on similar species
- ++ bloom time estimated based on similar species
- H Host: Butterflies lay eggs on leaves and caterpillars then eat the plant.
- N Nectar: Provides nectar for butterflies, bees, and/or hummingbirds.

Botanical Nomenclature

Botanical nomenclature is the formal, scientific naming of plants. It is related to, but distinct from taxonomy. Plant taxonomy is concerned with grouping and classifying plants; botanical nomenclature then provides names for the results of this process.

<i>Classifier Type</i>	<i>Description</i>
Genus	one or more species of plants that are closely related in characteristics
Species name / Specific Epithet	further describes the attributes of the plant within its genus
Cultivar	a plant propagated by human intervention from a naturally occurring species
Common Name	may vary by region

Botanical Nomenclature, The Garden Club of America,

<<https://www.gcamerica.org/index.cfm/members:main.getprotectedfile?contentpageresource/GCA%20Botanical%20Nomenclature%20Revised%2010-2018.pdf>>

Botanical name source: Missouri Botanic Garden, Missouribotanicalgarden.org, viewed June 2020.

Plant care: Benz, P (2019-2020). Personal interviews.

Prepared by:

Butterfly Garden Committee

Garden Guild of Winnetka

August 2023