

Beginner

This player has limited playing experience and is still working primarily on getting the ball over the net; has some knowledge of scoring, but is not familiar with basic positions and procedures for singles and doubles play.

Advanced Beginner

This player may have had some lessons but needs on-court experience; has obvious stroke weaknesses but is beginning to feel comfortable with singles and doubles play.

Intermediate I

This player has more dependable strokes and is learning to judge where the ball is going; has weak court coverage or is often caught out of position but is starting to keep the ball in play with other players of the same ability.

Intermediate II

This player can place shots with moderate success; can sustain a rally of slow pace but is not comfortable with all strokes; lacks control when trying for power.

Advanced I

This player has achieved stroke dependability and direction on shots within reach, including forehand and backhand volleys, but still lacks depth and variety; seldom double faults and occasionally forces errors on the serve.

Advanced II

This player has dependable strokes on both forehand and backhand sides; has the ability to use a variety of shots including lobs, overheads, approach shots and volleys; can place the first serve and force some errors; moves well on the court, is seldom out of position in doubles.

Advanced III

This player has good shot anticipation; frequently has an outstanding shot or exceptional consistency. Can regularly hit winners off short balls; can consistently execute deep shots, half volleys and put away overhead smashes. Has good depth and spin on most second serves.

Adult Tennis Class Descriptions & Schedules

April 5 - June 13

Activity #	Level	Day	Time	R/NR Fee
425502-A	Beginner	Monday	10:30-12:00 pm	\$311/\$390
425502-B	Beginner	Thursday	12:00-1:30 pm	\$345/\$433
425502-F	Adv. Beginner	Tuesday	10:30-12:00 pm	\$345/\$433
425502-G	Adv. Beginner	Wednesday	1:30-3:00 pm	\$345/\$433
425502-H	Adv. Beginner	Thursday	10:30-12:00 pm	\$345/\$433
425502-J	Intermediate I	Monday	1:30-3:00 pm	\$311/\$390
425502-K	Intermediate I	Tuesday	9:00-10:30 am	\$345/\$433
425502-M	Intermediate I	Thursday	10:30-12:00 pm	\$345/\$433
425502-N	Intermediate I	Friday	1:30-3:00 pm	\$345/\$433
425502-P	Intermediate II	Monday	10:30-12:00 pm	\$311/\$390
425502-Q	Intermediate II	Tuesday	10:30-12:00 pm	\$345/\$433
425502-R	Intermediate II	Wednesday	10:30-12:00 pm	\$345/\$433
425502-S	Intermediate II	Thursday	9:00-10:30 am	\$345/\$433
325502-U	Advanced I	Monday	10:30-12:00 pm	\$311/\$390
425502-V	Advanced I	Tuesday	1:30-3:00 pm	\$345/\$433
425502-W	Advanced I	Wednesday	9:00-10:30 am	\$345/\$433
425502-X	Advanced I	Thursday	9:00-10:30 am	\$345/\$433
425502-Y	Advanced I	Friday	10:30-12:00 pm	\$345/\$433
425502-1	Advanced II	Tuesday	10:30-12:00 pm	\$345/\$433
425502-3	Advanced II	Thursday	10:30-12:00 pm	\$345/\$433
425502-4	Advanced II	Friday	9:00-10:30 am	\$345/\$433
425502-5	Advanced III	Monday	9:00-10:30 am	\$311/\$390
425502-9	Advanced III	Friday	1:30-3:00 pm	\$345/\$433

Placement

Please Read

Due to the concerns raised by students and staff regarding the range of abilities in the adult classes, the teaching staff conducts an evaluation of all students in our lesson program. If you have any questions regarding your appropriate level, please contact Tim Schmidt or Alexander Shubny before registration.

Due to time constraints during the registration process, pros will not be available to discuss changes in levels. New students can estimate their level from the descriptions above and are encouraged to make an appointment to hit with a pro to ensure placement in the appropriate level.





Women's Tennis Teams

A.C. Nielsen Tennis Center will host 6 indoor travel teams. Players have the opportunity to play doubles on either AB1 and AB2 (Fridays: 10 am - 12 pm), B1 and B2 (Fridays: 12 - 2 pm) and C1 and C2 (Thursdays: 12 - 2 pm).

Practices are also offered on Mondays, Tuesdays, and Wednesdays from 12 - 1:30 pm depending on which team you are playing.

Interested players should contact Tim Schmidt at (847) 501-2058.

Women's Evening Drill & Play

Activity #	Level	Day	Time	R/NR Fee
425503-B	Beginner	Monday	8:30-10:00 pm	\$311/\$390
425503-E	Adv. Beg. / Int. I	Thursday	8:30-10:00 pm	\$345/\$433
425503-F	Int. II / Adv. I	Tuesday	8:30-10:00 pm	\$345/\$433
425503-G	Int. II / Adv. I	Wednesday	7:00-8:30 pm	\$345/\$433
425503-H	Advanced II	Tuesday	7:00-8:30 pm	\$345/\$433
425503-J	Advanced II	Wednesday	8:30-10:00 pm	\$345/\$433
425503-K	Advanced III *	Monday	7:00-8:30 pm	\$311/\$390

***Pro Consent Only**

Men's Evening Drill & Play

Activity #	Level	Day	Time	R/NR Fee
425503-Q	Beginner	Wednesday	8:30-10:00 pm	\$345/\$433
425503-R	Adv. Beg. / Int. I	Tuesday	8:30-10:00 pm	\$345/\$433
425503-T	Int. II / Adv. I	Tuesday	7:00-8:30 pm	\$345/\$433
425503-U	Advanced II	Tuesday	7:00-8:30 pm	\$345/\$433
425503-V	Advanced II	Thursday	8:30-10:00 pm	\$345/\$433
425503-W	Advanced III	Wednesday	7:00-8:30 pm	\$345/\$433
425503-X	Advanced IV *	Wednesday	8:30-10:00 pm	\$345/\$433

***Pro Consent Only**

Men's Daytime Drill & Play (Early Bird)

Activity #: 425503-A
Time: 6:30-7:30 am
Day: Friday
Fee: \$230 res. / \$290 nr



Adult Cardio Tennis

Cardio Tennis is an exciting way to get in shape and burn calories on the court. By elevating your heart rate into your aerobic training zone, you can burn more calories than during singles or doubles tennis.

Each hour-long class includes a 10 minutes warm-up, 40 minutes of aerobic workout, and 10 minutes of cool down.

Men and women of all tennis ability levels are welcome. An effective workout will be achieved by all, as the tennis pro will challenge each player at his/her ability and fitness level.

A minimum of 4 student per class is required.

Activity #	Day
425202-L	Monday
425202-M	Tuesday
425202-N	Wednesday

Time: 9:30-10:30 am
Fee: \$170 res. / \$193 nr (Monday class)
\$188 res. / \$214 nr (Tues. & Wed. class)